

**Sample Weekly Menu**

<b>School Menu</b>					<b>Week 1</b>
<b>Meal Schedule</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Cheerios Cereal Mandarin Oranges Fat Free Milk	French Toast Sticks Peaches Fat Free Milk	Cheese Toast on Wheat Eggs Tropical Fruit Fat Free Milk	Oatmeal with Strawberries Fat Free Milk	Cheese Soft Shell Burrito with Egg Bananas Fat Free Milk
<b>Lunch</b>	Turkey Meat on Wheat Bread Sliced Cheese Green Beans Mixed Fruit Fat Free Milk	Tuna Fish with Crackers Carrots Apple Slices Fat Free Milk	Breaded Chicken Nuggets French Fries Broccoli Peaches Fat Free Milk	Cheese Pizza English Peas Mixed Fruit Fat Free Milk	Tacos with Turkey Meat Shredded Cheese Diced Tomatoes Sweet Corn Pineapples Fat Free Milk
<b>Afternoon Snack</b>	Animal Crackers Applesauce	Pretzels 100% Orange Juice	Graham Crackers Fresh Bananas	Cheese and Crackers 100% Apple Juice	Nutri-Grain Bars Fat Free Milk



Menu is subject to change